**NOC Local Events**

**General Information**

1. NOC will stage three local events under the new post Covid19 regulations on:

Sundays 16 August at Burntstump Country Park, 13 September at Bramcote Hills Park and 11 October at Rushcliffe Country Park.

2. 3 courses:   **Short**, easy (roughly ‘yellow’) of 1.5-2.0 k; and two more technical courses: **Medium** of 2 – 4km and **Long** of 4 – 5km. Distances will vary according to the size and layout of the park being used.

3. Start times between 10.15 and 12.00 in 15 minute blocks (pre-booking only - see below)

4. Events will be **free** of charge.

5. The events will only be for BOF members so that we comply with NHS Test & Trace regulations.

6. Club SI cards will be loaned free of charge

7. We ask everyone to bring their own small first aid kit and drink/snack

8. Participants who enter our events are deemed to be taking part according to the British Orienteering Code of Conduct: <http://www.noc-uk.org/docs/Code%20of%20Conduct%206%20July%202020.pdf>

9. **No entry on the day of the event**

**Event Specific information will be on the NOC website under ‘fixtures’ as usual**

**Entries**

1. Enter via our [online form](https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAAAZ__ojcwrBUQzRHUEIwRk00SlY4VEFRQVNEMEFVSUJHUy4u).

2. The following details are required:-

    Name, BOF club, email, BOF membership number, SI card number or Hire, course and preferred start block plus contact telephone number for NHS Test and Trace purposes.

3. Priority will be given to NOC members.

3. Please note we will endeavour to accommodate your preferred start window but this is not guaranteed - We will publish the full start time list prior to the event.

4. We will be allocating 8 slots per 15 minute window. This leaves 2 'spare' slots per window for late arrivals / officials.

6. If the limit is reached we will have to turn entries down as the numbers at the venues may be too large for our access agreements.

7. **Strictly NO Entry on the day.**

8. Course changes may be permitted depending on map availability but this is not guaranteed.

9. If, after entering, you are not able to attend for any reason, please contact the organiser as soon as possible so that we can offer your start slot to someone else: coaching@noc-uk.org

**Start**

1. **Only 6 people are allowed to gather at the Start** at any one time ( including officials), therefore please arrive during your window but do not exceed this number in the vicinity of the start.

   This may mean waiting in an adjacent area and maintaining social distancing.

3. Starts will be at 2 minute intervals with only 1 person setting off at a time, (even if on different courses)

4. It is envisaged that the start official (wearing gloves) will put maps under the respective course box.

 5. Late arrivals - If you arrive late, best endeavours will be made to accommodate you at the next available time slot.

**Finish & Download**

1. There will be an official in the vicinity of the finish

2. The finish will not be close to the start area.

3. Please queue for download keeping apart from others as instructed – split times print outs will **not** be available

4. There will be no results displayed at the events but they will be on the club website as soon as possible.

5. Please do not congregate around the download or in the car park. We **must maintain social distancing** for the good of everyone in the area.

**Control collection**

1. Gripple keys and gloves to be issued & used.

2. All used equipment to be placed in bags / containers and returned.

    NB. The SI boxes need to be turned off so must be left accessible.

3. The equipment will not be sorted at the event site.